

Code: FSS10150

INCI Name: Butylene Glycol & Water & Coffea Arabica (Coffee) Seed Extract

INCI Status: Conforms

Suggested Use Levels: 1.0 – 10.0%

Suggested Applications: Nourishing, Revitalizing

Coffee is the second widely consumed drink in the world. Consumers indulge in the black beverage for its ability to increase energy and stimulate cognitive functions. Coffee beans house a variety of antioxidants believed to be beneficial to improving health and overall state of mind. Vitamins, manganese and potassium are just a few of the essential nutrients that reside in coffee beans. Aside from a delicious beverage, coffee can be used in skin care products to soften, exfoliate and maintain skin appearance. Coffee has been used to reduce puffy eyes and dark circles as well as tighten and brighten skin. Inflammation reduction properties make this aromatic bean a must for beauty and hair care products.

Coffea arabica plants are indigenous to Yemen, but today the robust coffee flavor can be enjoyed around the world. Coffea arabica is believed to be the first cultivated species of coffee. Coffee beans are rich sources of fatty acids that keep skin and hair nourished and moisturized. Topical coffee applications have been known to fight against free radical damage and in turn reduce fine lines and wrinkles for a rejuvenated aesthetic. These free radical fighters, or antioxidants, help detoxify hair to encourage healthy hair growth and reduce hair loss. Antioxidants reduce breakouts on problem skin and even skin tone for a healthy, revitalized complexion.

Caffeine in coffee provides more than just cognitive stimulation. Caffeine houses an innate ability to constrict small blood vessels and reduce inflammation. The perfect cocktail for getting rid of late night puffy eyes. Reducing inflammation on the skin and scalp will encourage healthy skin and hair growth. **FSS Kenyan Coffee Extract BG** may be used in a variety of hair and skin care applications to capitalize on the benefits associated with coffee.



References:

1. Benefits/Uses of Green Coffee Beans for Skin, Hair and Health. (2015). Retrieved from <http://www.stylishwalks.com/benefits-uses-of-green-coffee-beans-for-skin-hair-and-health/>
2. Bryan, D. (2019). What Are the Benefits of Green Coffee?. Retrieved from <https://www.livestrong.com/article/296215-what-are-the-benefits-of-green-coffee/>
3. New Health Advisor. (2018). Top 8 Benefits of Coffee on Skin. [online] Available at: <http://www.newhealthadvisor.com/benefits-of-coffee-on-skin.html> [Accessed 22 Jun. 2018].

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